

20 Minute Test

20:33 PM — Pro/Trainer

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All Laps

TIME: 20:00
DISTANCE: 14.91km

PES (AVG.): 0.77
Left: 0.77 / Right: 0.76

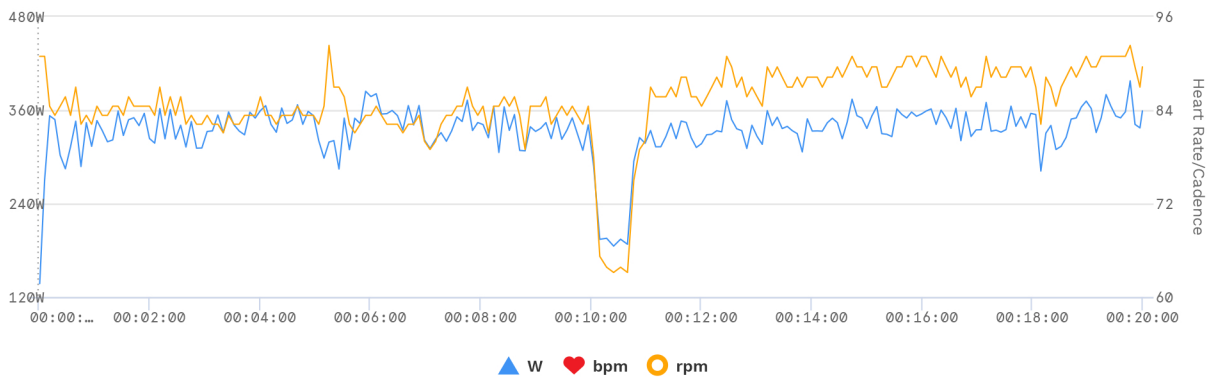
POWER (AVG.): 336w
Max. 424w
POWER/KG: 3.90w

CADENCE (AVG.): 85rpm
Max. 94rpm
HEART RATE (AVG.): N/A
Max. N/A

SPEED (AVG.): 45km/h
Max. 49km/h
ENERGY: 457kcal

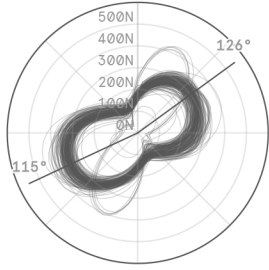
POWER/CADENCE

Smoothing: _____



OFF FTP Zones DETAILS

REVOLUTION DATA



Power
▲ 336W

Heart rate
♥ N/A

Cadence
○ 85rpm

Left peak
353N (115°)

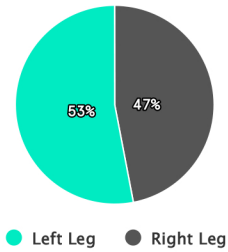
Right peak
309N (126°)

Balance
53%/47%

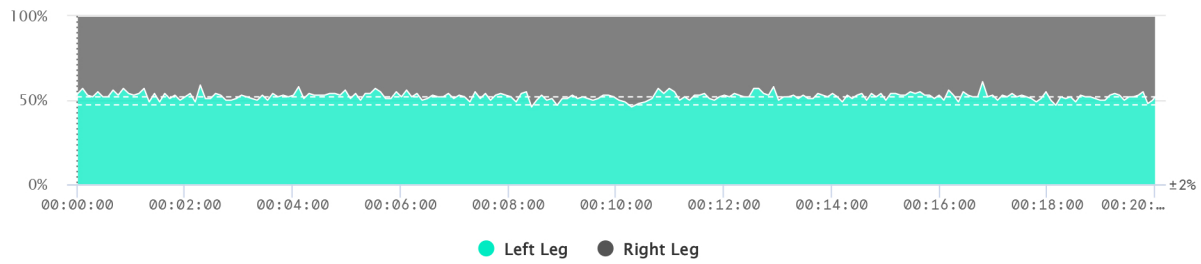
TIME IN ZONES



LEG BALANCE



LEG BALANCE OVER TIME



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